

# NEW BEGINNINGS

**New Beginnings' mission** is to provide shelter, advocacy and support for battered women and their children and to change attitudes and social institutions that foster and perpetuate violence.

## Help Line

- 24-hour Help Line providing information, referrals and advocacy. **206.522.9472**

## Emergency Shelter

- 18 beds for women and children in immediate danger from domestic violence
- Safe shelter for 28+ days, accessible 24 hours a day
- Provides residents with food, clothing and personal care items

## Community Advocacy

- Individual advocacy and support groups for domestic violence survivors not in need of shelter
- Kids' Club for children who have experienced violence in the home
- On-site childcare during all women's support groups
- Weekly family law legal clinic specializing in domestic violence

## Transitional Housing

- 17 furnished apartments for women and children in danger from domestic violence
- Average stay from 6-18 months
- Enrichment activities for children
- Assistance in securing permanent, affordable housing

## Core Services at all Three Programs Include

- Advocacy based counseling for adults and children
- Access to mental health counseling for adults and children
- Legal advocacy
- Support groups for women including specialized groups on chemical dependency and parenting
- Children's support groups, individual advocacy

## Social Change

- Community outreach and education workshops
- Domestic violence trainings for professionals
- Youth violence prevention groups in Seattle public schools
- Volunteer opportunities

New Beginnings is a member of the National, Washington State, and King County Coalitions Against Domestic Violence. New Beginnings is also a member of the Seattle/King County Coalition for the Homeless, Seattle Human Services Coalition and is a United Way member agency.